

Name: _____ Date of Test: _____
Test I am thinking about: _____

PROBLEMS STUDENTS HAVE IN TEST-TAKING

- ☐ **I didn't think about my memory while I studied.**
Some people think if they understand something, they'll automatically remember it for the test.
- ☐ **I didn't use good study methods.**
 - ☐ I made a careless mistake (attention)
 - ☐ I never studied that part (planning)
 - ☐ I knew it, but I forgot it on the test (memory)
 - ☐ I didn't really understand that "stuff" (comprehension)
 - ☐ I didn't really understand the question (comprehension of question)
 - ☐ I didn't use the right way to solve the problem or figure out the answer. (problem solving)
- ☐ **I didn't study long enough or hard enough.**
You might get bored or have trouble concentrating while trying to study. You may need to make your concentration stronger by taking notes, underlining, rereading, whisper what you're reading while you read, make lists of key words, or ask yourself questions.
- ☐ **I fooled myself.**
Sometimes it's hard to admit you don't understand, and you just ignore or skip over hard things that confuse you. Get help with confusing ideas or facts.
- ☐ **I felt too cocky or overconfident.**
It is possible to feel too sure of yourself. You might work too fast, make careless errors and decide not to check your work.
- ☐ **I studied the wrong things.**
Some students have trouble predicting what will be on the test. They keep studying the wrong things. Sometimes it is good to talk to a friend (who is good in the subject) about what will probably be on the test.
- ☐ **I didn't really understand the questions or instructions on the test.**
Some students don't take the time to understand exactly what is being asked for. Others have a language disorder that makes it hard to interpret questions. In either case, it is important to go over questions and directions carefully, sometimes circling key words or phrases with a pencil. Read EVERY WORD OF THE DIRECTIONS.
- ☐ **I often have trouble with a particular kind of test.**
Kids with writing problems often find essay tests a real pain. Other kids score low on multiple-choice tests. You can ask for another way to show what you know.
- ☐ **I made a lot of careless mistakes.**
Some kids hate to proofread. They make silly mistakes. You can proofread in class or during another period in the resource room.
- ☐ **I ran out of time.**
Pacing yourself is crucial. If you need more time, ask to finish in the resource room.
- ☐ **I guessed too much.**
- ☐ **I gave up during the test.**
You shouldn't have.